

Glenwood City

High/Middle School



Student/Parent Athletic Handbook 2025-2026

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The School District of Glenwood City does not discriminate on the basis of race, color, national origin, sex, disability or age in its educational programs and activities and provides equal access to the Boy Scouts, Girl Scouts and other designated youth groups. Patrick Olson has been designated to handle inquiries regarding non-discrimination policies. Please send inquiries to: Patrick Olson, Superintendent, 850 Maple St. Glenwood City, WI 54013, or call 715-265-7117, or email patrick.olson@gcsd.k12.wi.us



Greetings Parents/Guardians and Students

The foundation of the School District of Glenwood City is based upon solid educational programming providing students opportunities to explore and hopefully, discover talents that will serve them well after their time here is done. Not only are we proud of the traditional educational programming that we provide in a small rural school, but we are equally proud of our students who decide to carry the name of our school on their chest when they step into the athletic arena or venture into co-curricular events.

Glenwood City has developed a strong tradition of excellence in athletics and co-curricular competition and we hope to continue on that path. Being a Hilltopper is about more than simply getting to wear the Blue, White and Red; it's learning about dedication, teamwork, and how to overcome adversity; it's about winning with class and losing with dignity; it's about carrying on a tradition that honors and respects those that have come before them.

This handbook contains information as it relates to our students that compete in athletic opportunities further underscoring the importance of representing the school and community in all activities that students are involved in.

Students, parents/guardians, and coaches have a responsibility to become familiar with the contents of this handbook. Should you have any questions or need clarification of any aspect of the expectations, please take the opportunity to contact the athletics' office.

I look forward to assisting the continuation of excellence in athletics at Glenwood City as we embark upon the 2025- 2026 school year as well as helping shape our students into the best that they can be. I encourage you to contact me with any questions, concerns or simply want to share a success story about one of our incredible students; after all, there is one more benefit of competing in high school sports, a sense of accomplishment.

Go Hilltoppers!

Jacob Score
Athletic Director

PHILOSOPHY:

The School District of Glenwood City sponsors and encourages student participation in a variety of activities as a means of providing opportunities for personal growth, skill development, socialization, creativity, and competitive experience. The District believes that a well-balanced education includes participation in athletic activities.

The Board of Education has adopted this handbook in an effort to govern extracurricular programming. It is the responsibility of the Director of Athletics and every student, parent/guardian, coach/advisor, any other person connected directly or indirectly with the athletic programs to acquaint themselves with the items found within this handbook. The Director of Athletics, Principal and/or the Superintendent will address any items not expressly stated or implied in this handbook.

OBJECTIVES:

The Glenwood City School District and Board of Education sponsor athletic activities to provide an environment that fosters the following objectives:

- Learn good habits of health, fitness, and safety.
- Use the experience of competition to build self-esteem, citizenship, responsibility, and skill.
- Inspire positive role modeling and leadership.
- Display good sportsmanship and provide opportunities to develop lasting friendships with both teammates and opponents.
- Provide activities for learning self-discipline, loyalty, team play, pride in the organization, respect for the rights of others, and the will to be successful.
- Learn how to graciously celebrate successes and positively respond to disappointments.
- Emphasize the needs of the unit, team, class, and school above personal desires.
- Experience positive interactions with coaches/advisors and other students.

SPORTSMANSHIP EXPECTATIONS:

All student-athletes and co-curricular participants are expected to adhere to the following expectations of good sportsmanship both on and off the field of play:

- Accept and understand the seriousness of your responsibility and the privilege to represent your school and your community.
- Live up to the standards of good sportsmanship established by your coach/advisor, your school, your conference, the WIAA and all other organizational entities affiliated with athletics at GCHS/GCMS.
- Learn the rules of the game and assist parents and fans by discussing the rules with them.
- Treat your opponents with mutual respect.
- Refrain from taunting, trash-talking, or making derogatory remarks to your opponents before, during, and after the contest.
- Refrain from intimidating behavior or drawing attention to yourself.
- Wish opponents "good luck" before a game and congratulate them in a sincere manner following defeat or victory.
- Respect the judgment of officials even if you disagree with their judgment.
- Win with humility; lose with grace. Do both with dignity.

ACADEMIC ELIGIBILITY

The students' primary responsibilities are to maintain the highest academic standards possible. In order to participate in athletics, each student must be passing all classes he/she is enrolled in.

Academic eligibility is based on terms/quarters, not semesters. Grades are evaluated on mid-term, to evaluate progress and end of term report dates, to determine eligibility. Students must maintain a passing grade in each class enrolled in.

- A. Upon end of term evaluation, any student failing one or more classes is ineligible to participate in athletic competitions for 15 scheduled school days, effective immediately starting the next scheduled school day. On the 16th scheduled school day the student may regain eligibility.
In-service or any non-scheduled school days do not count toward the 15 days. Inclement weather days do count. If the 16th day is not until a Monday, but the 15th day ends on a Friday, the student is not eligible to participate until the start of their 16th school day. At the conclusion of 15 scheduled school days, the student's progress is assessed. If grades are above failing the student may resume participation. If any grade is still not at the passing level the student will become ineligible for an additional one (1) week. Each week thereafter, the grades are evaluated until the student is passing all classes.
- B. **High school students** who receive a failing grade in the fourth quarter will be ineligible for 21 consecutive calendar days or one-third of their season maximum allotment of competition, whichever is less, beginning with the date of the earliest allowed competition in a sport. **Any student who fails the 4th quarter will begin weekly grade checks beginning the 1st week of school until midterm of the first quarter.**
- C. If a student receives a D- or F at midterm evaluation, the student will be placed on Academic Probation and given a written notice by the Athletic Director.
- D. Incompletes are treated as a failing grade until they are made-up. Any student with an incomplete in any subject area at the conclusion of a nine-week grading period becomes ineligible for all athletic competitions for one week or until the student's work is complete and the student is passing all classes. The student must provide the Athletic Director written approval from the teacher who issued the incomplete that the student is passing before being approved for participation.

HOME SCHOOL PARTICIPANTS:

Any student residing in the School District of Glenwood City and receiving home-based private education may participate in any of our athletic and/or co-curricular based teams. In addition to being a district resident, the student must be enrolled in home-school programming, verifiable via the Wisconsin Department of Public Instruction’s online portal. The student must also meet the required rules of eligibility as all other students at the school. This includes submission of a physical, signed code of conduct, acknowledgement of WIAA rules, emergency contact information, and demonstration of awareness of the state’s concussion law.

ATTENDANCE & BEHAVIORAL REQUIREMENTS:

Students who are absent during the school day may not be allowed to practice or participate in a contest on that given day. Please refer to the following table for clarification.

Students will be granted one attendance exception per sport season. If a student is in class prior to the start of the second hour, they will be allowed to participate that evening.

ATTENDANCE CODE KEY	
Abbreviation	Definition
E-CT	Excused – Court
E-CV	Excused – College Visit
E-DT	Excused – Drivers Licensing
E-ME	Excused – Medical
E-MT	Excused - Military
E-PR	Excused – Principal Reviewed
E-SA	Excused – School Activity
E-IL	Excused – Ill (Parent)
E-PE	Excused – Parent/Guardian
I-SS	In-School Suspension
O-SS	Out-of-School Suspension
U-NN	Unexcused – No Note
T-E	Tardy – Excused
T-U	Tardy - Unexcused

Participation in extra and/or co-curriculars is allowed.

Participation in extra and/or co-curriculars is NOT allowed.

No impact on participation.

An “excused” absence on the day of a contest would include the following: doctor/dental appointments, funerals or family emergencies, or court appointments. Coaches are to review attendance daily, communicating eligibility with athletes as appropriate.

If the Director of Athletics is made aware of an unexcused absence after the practice or contest has

already taken place, the student will miss the next comparable event.

Students who have had a disciplinary referral to the office regarding behavior may not be allowed to attend or participate in practice or competition. Any ineligibility will be communicated to parent/guardians as well as with the coach.

Students will dress appropriately according to school policies to practice and play in their sport. This includes:

- Dress appropriately for the weather and sport (wearing jerseys/uniforms or similar clothing)
- Wear clothing that meets school dress code requirements

CODE OF CONDUCT:

Participation in interscholastic athletics is considered a privilege. Failure to abide by the established rules will result in the removal of this privilege. The following rules are considered violations of the athlete handbook.

1. Purchase, possession or use of alcoholic beverages, illegal drugs and/or tobacco products (including e-cigarettes and vapes).
2. Violation of Wisconsin Statutes, county and municipal ordinances (motor vehicle, traffic violations or DNR violations which are not criminal offenses and not alcohol, tobacco or drug-related will not be considered code violations.)
3. Committing serious and/or repeated violations of school regulations.
4. Insubordination or conduct contrary to the principles and standards of the School District of Glenwood City ("conduct unbecoming of an athlete").
5. Posting disparaging or disrespectful comments regarding coaches, teachers, school administrators, students, game officials, from Glenwood City and opposing schools, on social media.
6. Engaging in harassing and/or bullying behaviors.
7. Committing flagrant violations of game rules.

Notice:

A student may not knowingly attend, whether or not they consume, a gathering where violation of state law or local ordinance regarding possession, purchase, sale or consumption of alcohol or illegal drugs occurs. The following penalties may be enacted for this violation.

1st offense - Suspension from the next contest/event.

2nd offense – Considered an athletic and co-curricular code violation and will result in the application of the disciplinary procedures listed below.

Violations are cumulative from year to year. Upon successful completion of middle school AND having no more than one violation, a student will begin high school with "no violations".

Disciplinary Procedures (Rules #1- #3)

First Offense:

Athletics – Suspension from competition for 25% of the season; ten (10) hours of community service as assigned by the director of athletics. Attendance at practice is required.

Second Offense:

Athletics – Suspension from competition for 50% of the season; twenty (20) hours of community service as assigned by the director of athletics. Attendance at practice is required.

Third Offense:

Athletics – Suspension from competition for one calendar year from the date of infraction and twenty (20) hours of community service as assigned by the director of athletics.

Fourth Offense:

Students are no longer eligible for athletics for the remainder of their high school career.

NOTE: Students that are involved in both athletics and activities may have their community service hours combined pending approval from the Director of Athletics and Principal.

Disciplinary Procedures – (Rules #4 - #7)**First Offense:**

Athletics – Suspension from 10% of season; ten (10) hours of community service as assigned by the director of athletics. Attendance at practice is mandatory.

Second Offense:

Athletics – Suspension from 25% of season; twenty (20) hours of community service as assigned by the director of athletics. Attendance at practice is mandatory.

Third Offense:

Athletics – Suspension from competition for one calendar year from the date of infraction and twenty (20) hours of community service as assigned by the director of athletics.

Fourth Offense:

Students are no longer eligible for athletics for the remainder of their high school career.

REPORTING CODE VIOLATIONS:

If an adult reports an alleged violation of the Code of Conduct, she/he must submit a signed statement fully explaining what she/he believes is the violation of the Code of Conduct, including specific information detailing the alleged violation.

If a student reports an alleged violation of the Code of Conduct, every effort will be made to protect the reporting student's identity; however, she/he must be willing to submit a signed statement fully explaining what she/he believes is the violation of the Code of Conduct including specific information detailing the alleged violation.

APPEALS PROCESS:

Parent/guardians may appeal the disciplinary actions for a violation of the Code of Conduct taken by the Director of Athletics to the High School Principal. Parents/guardians may appeal in writing to the High School Principal, within five (5) calendar days of the receipt of the suspension letter from the Director of Athletics. Appeals must be based on one of the following criteria:

- Parents/guardians or student believes an alleged offense did not occur.

- There are extenuating circumstances regarding the violation.
- The sanction imposed by Director of Athletics is unjust.

The letter of appeal must detail all of the facts pertaining to the incident, a list of witnesses, signed witness statements, an explanation of any extenuating circumstances surrounding the violation, and the specific remedy requested through the appeal. The student will remain ineligible throughout the entire appeal process.

Within three (3) days of receipt of the hearing request, the High School Principal will contact the parents/guardians to establish a hearing date for the appeal to be held within ten (10) days of the receipt of the written appeal.

In addition to the High School Principal, the following individuals shall be present at the hearing: the student, his/her parent(s)/guardians(s), legal or other representative (if the appellant so desires), and the Director of Athletics. No other individuals will be present at the hearing, and all matters discussed at the hearing will remain confidential.

During the hearing, the student and his/her parent(s)/guardian(s) will have an opportunity to speak and to present any evidence on his/her behalf. Witnesses may be called, but they must remain outside the Hearing Room until they are called and must leave immediately upon giving testimony. The Director of Athletics will present verbal and written statements gathered as a result of his/her investigation leading to the suspension, and may call witnesses.

Upon conclusion of the hearing, the High School Principal will decide whether to sustain, reverse, or decrease the length of the suspension. The High School Principal will render his/her decision in writing and/or verbally to the appealing parties.

If the parents/guardians feel that the appeal process was not followed, a request for a review of the process may be made to the Superintendent. However, the Superintendent will not review the facts or merits of the decision. Such a review must be requested in writing within seven (7) calendar days of the date on which the decision was rendered, and must identify the specific actions or failures to act that are the basis for the appeal.

The Superintendent will review the process and render a decision in writing within seven (7) calendar days. The decision of the Superintendent is final.

ATHLETIC FEES:

Athletic Participation fees have been waived for the 2025-2026 school year.

DUAL-SPORT PARTICIPATION:

Students are allowed to participate in more than one sport at a time; in order to be eligible to compete as a dual-sport athlete, the following criteria must be met -

1. The applicant must have achieved a minimum of a 2.67 cumulative grade point average at the last marking period prior to the beginning of the season.
2. A meeting between the student, parent(s)/guardian(s), coaches from each sport and the director of athletics must occur before the season to finalize

- arrangements between the two programs (practice, competition, etc.).
3. Athletes must declare a primary sport and secondary sport a minimum of one week prior to the first contest in either sport. Conflicts are handled as follows:
 - a. Primary practice over secondary practice
 - b. Primary game over secondary game
 - c. Secondary game over primary practice
 - d. (If games are rescheduled the priority still rests with the primary sport.)
 4. Once competition has begun in the primary sport, no athlete will be allowed to quit his or her primary sport to participate in any other sport. It is permissible to quit the secondary sport or not participate in athletics altogether.

CHANGING SPORTS IN-SEASON:

If an athlete quits during the season, that athlete is not eligible to participate in any other sport during that season without the approval of the losing coach, the gaining coach, and the Director of Athletics. Athletic fees will NOT be refunded after the first competition has been completed.

DISPUTES:

Clarifications of misunderstandings or disputes between students, coaches/advisors, parents or any other interested party are to be resolved with the parties involved. If this is not possible, the dispute may be brought to the following parties in order (chain of command):

1. Head Coach or Advisor
2. Director of Athletics
3. High School Principal
4. Superintendent

TRANSPORTATION:

All students must travel to and from athletic contests/co-curricular events in a vehicle supervised by their coach/advisor or a designated chaperone. "To and from" is defined as travel from Glenwood City to the event site and back. Students may return home from an away contest with parents/guardians providing approval from the coaching/advising staff, and the appropriate document has been signed. In such cases, the coaching/advising staff is responsible for ensuring that the student leaves the contest with his/her parent/guardian.

If a student must ride with a parent to a school-sponsored activity, the student must submit a parental request to the head coach. Upon verification of the need, a document will be issued to the student AND the coach/advisor indicating the arrangements made for the event in question. Team members must use the transportation provided by GCSD to reach the site of the contest or practice unless an emergency or unavoidable and legitimate conflict arises. In this case, an appropriate document must be completed and approved by the Building Principal or Athletic Director 24 hours prior to the event. Team members must also return to school using the same transportation unless an appropriate document is completed and approved by the Building Principal or Athletic Director 24 hours prior to the event. Only the legal parent or guardian will be allowed to transport a student home from away games with the coach's permission. A student may be granted permission by the Building Principal or Athletic Director to leave with a different parent if presented with an

appropriate document, completed and approved by the Building Principal or Athletic Director 24 hours prior to the event.

AWARDS:

Varsity Letters and appropriate pins will be distributed at the appropriate athletic banquet. Items will be awarded according to the criteria established by each sport's coaching staff and approved by the Director of Athletics.

Individual Awards/plaques will be distributed at the appropriate athletic banquet. Items will be awarded according to the criteria set up by each sport's coaching staff.

Ten Letter Award is provided to seniors who have earned ten or more varsity letters during their high school athletic career and have not had any athletic code violations.

PARTICIPANT SATISFACTION SURVEY:

The School District of Glenwood City is committed to offering the best possible experience to each of our students. After the completion of the season, participants may be provided an opportunity to complete a satisfaction survey regarding their experience; the survey is anonymous.

APPENDIX



ATHLETIC ELIGIBILITY CHECKLIST

This form is a resource for you and your son/daughter to ensure that all necessary documents have been submitted prior to participation in athletics. Students will not be allowed to practice without the items highlighted in BLUE are submitted to the Athletics' Office. Students will not be allowed to participate in contests until items highlighted in RED are submitted to the Athletics' Office.

- 2025-2026 Athletics & Activities Permission Form**
Requires signature from student and parent/guardian.
- WIAA Athletic Physical Clearance Card**
Physicals must be updated every other year.
Or
- WIAA Alternate Year Athletic Permit Card**
Alternate year cards must be submitted opposite the physical clearance card.
- Emergency Information Card**
This card provides coaching staff and district personnel with information that is helpful should a medical emergency occur during the course of competition or practice.
- Concussion Acknowledgement Form**
Student-athlete and parent/guardian signature sheet indicating awareness of symptoms of concussions and the steps to be followed if there is suspicion of sustaining a concussion.
- HIPAA Release**
Allows for protected health information to be shared between athletic trainers, director of athletics, game officials, school personnel and parents/guardians.
- Athletic Handbook**
Information about rules and expectations of participants in extra and co-curricular activities
- Sport-Specific Meeting**
Attendance is taken during a sports meeting with the coach. Coaches will provide student-athletes and parents/guardians with practice/game schedules, transportation schedules, and team expectations.

For additional information or to access any of the above listed forms, please visit www.gcsd.k12.wi.us/athletics/



Athletics Permission Form

The Athlete Handbook is available by visiting the School District of Glenwood City's athletics' website at www.gcsd.k12.wi.us/athletics/

If you are unable to access the athletic handbook through the website, hard copies are available in the high/middle school office.

- I have read and understand the Athlete Handbook of Glenwood City High/Middle School.
- I agree to abide by the code and cooperate with the school in the enforcement of this code.
- I understand that a violation of any of the WIAA, national organizational policies or Glenwood City Middle School/High School regulations will result in actions as stated.
- I am aware of the risks involved in extracurricular participation (including paralysis or death) and give my/our consent for the student named below to participate in extracurricular activities sponsored by Glenwood City Middle/High School.
- I provide consent for my daughter/son to be provided with medical attention/care by the athletic trainer, physician, emergency medical technician or any other medically trained individual in case of an emergency.

Signature of Student _____

Printed Name of Student _____ Date _____

Signature of Parent/Guardian _____

Printed Name of Parent/Guardian _____ Date _____

A signed copy of this form must be on file in the athletics' office for each academic year prior to participation in any high/middle school extra activity.



Emergency Contact Information

Student Athlete Name: _____

Address: _____

City: _____ Zip Code: _____

Primary Phone: _____ Secondary Phone: _____

Medical Information for Athlete:

Primary Doctor: _____ Phone: _____

Preferred Hospital: _____ Phone: _____

Primary Dentist: _____ Phone: _____

Medical Insurance Provider: _____

Policy #: _____

Dental Insurance Provider: _____

Policy #: _____

Allergies: _____

Medical Conditions: _____

Medication: _____ Purpose: _____

Medication: _____ Purpose: _____



Concussion Acknowledgement Form

It is important for parents/guardians and athletes to recognize the signs, symptoms, and behaviors associated with concussions. By signing this form, you are stating that you understand the importance of recognizing and responding to the signs, symptoms, and behaviors of a concussion or head injury.

Parent Agreement:

I _____ (**PRINT NAME**) have read the Parent Concussion and Head Injury Information and understand what a concussion is and how it may be caused. I also understand the common signs, symptoms, and behaviors. I agree that my child must be removed from practice/play if a concussion is suspected.

I understand that it is my responsibility to seek medical treatment if a suspected concussion is reported to me.

I understand that my child cannot return to practice/play until providing written clearance from an appropriate health care provider to his/her coach/athletic trainer.

I understand the possible consequences of my child returning to practice/play too soon.

Signature of Parent/Guardian _____ Date _____

Athlete Agreement:

I _____ (**PRINT NAME**) have read the Parent Concussion and Head Injury Information and understand what a concussion is and how it may be caused. I understand the importance of reporting a suspected concussion to my coaches and my parents/guardians. I understand that I must be removed from practice/play if a concussion is suspected.

I understand that I must provide written clearance from an appropriate health care provider to my coach/athletic trainer before returning to practice/play.

I understand the possible consequence of returning to practice/play too soon and that my brain needs time to heal.

Signature of Student-Athlete _____ Date _____



Authorization to Disclose Protected Health Information Sports Medicine

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) limits disclosures of protected health information (PHI). PHI is any information, including demographics, whether oral, electronic, or paper, which is created or received by a health care provider and relates to your healthcare or payment for the provision of health care.

Mayo Clinic Health System Sports Medicine personnel (physicians, advanced care providers, athletic trainers, nurses, dieticians, and physical therapists) are present at many athletic practices and events. In their role in ensuring the continuum of care for the student athletes, they may need to relate student athletes' PHI to coaches, game officials, athletic department personnel, and parents (authorization required for disclosure to parents, if the student athlete is 18 years of age or older). Mayo Clinic Health System Sports Medicine requires this written authorization for the purpose of these disclosures.

I authorize Mayo Clinic Health System Sports Medicine personnel to verbally disclose to my coaches, athletic directors, game officials, athletic department, and school personnel, and my parents, any of my PHI that may affect my participation status for interscholastic/collegiate sports. This includes, but is not limited to, information about my past injuries or illnesses and injuries or illnesses that I may suffer during the recommended restrictions for those injuries or illnesses.

This authorization is valid for 12 months. I understand that I have the right to revoke this authorization in writing. Written revocation should be sent to Privacy Officer, Mayo Clinic Health System, Health Information Services. I understand that the revocation will not apply to information that has already been released prior to the written notification. I understand that Mayo Clinic Health System will not condition treatment on whether I sign this authorization. I understand that authorizing the disclosure of this PHI is voluntary and I may refuse to sign this authorization. Information used or disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and may no longer be protected by HIPAA. A copy of this authorization is as valid as the original.

Student Athlete's Name: _____

Date of Birth: _____

High School Name: _____

Involved Sport(s): _____

Student Athlete's Signature: _____

Parent or Legal Representative: _____ Date: _____

(parent must sign if athlete is under 18 years of age)